

#### Introduction



### Funding source

UNMC, College of Public Health COVID-19 Response Grant



#### **Partners**

UNMC, Center for Reducing Health Disparities

and

North Omaha Community
Care Council







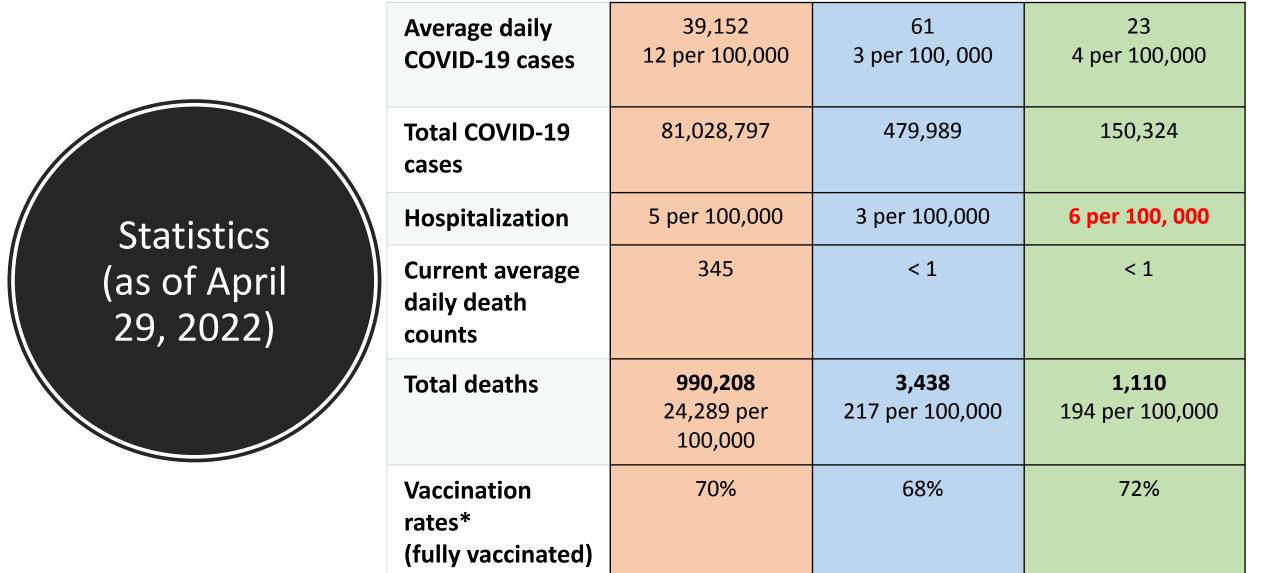
## Tonight's Presentation:

- What do we know?
  - COVID-19 data
  - Project objectives
  - Project description
- What did we do?
  - Process
  - Recruitment
  - Data collection
- What did we find?
  - Participants' characteristics
  - COVID-19 impact
  - Health conditions
- What's next?



# What do we know?





**United States** 

Nebraska

**Douglas County** 

NOTE: Douglas County death count was up to 48 per week in November 2020

\* 5 years and older

### African Americans (11% of County population)

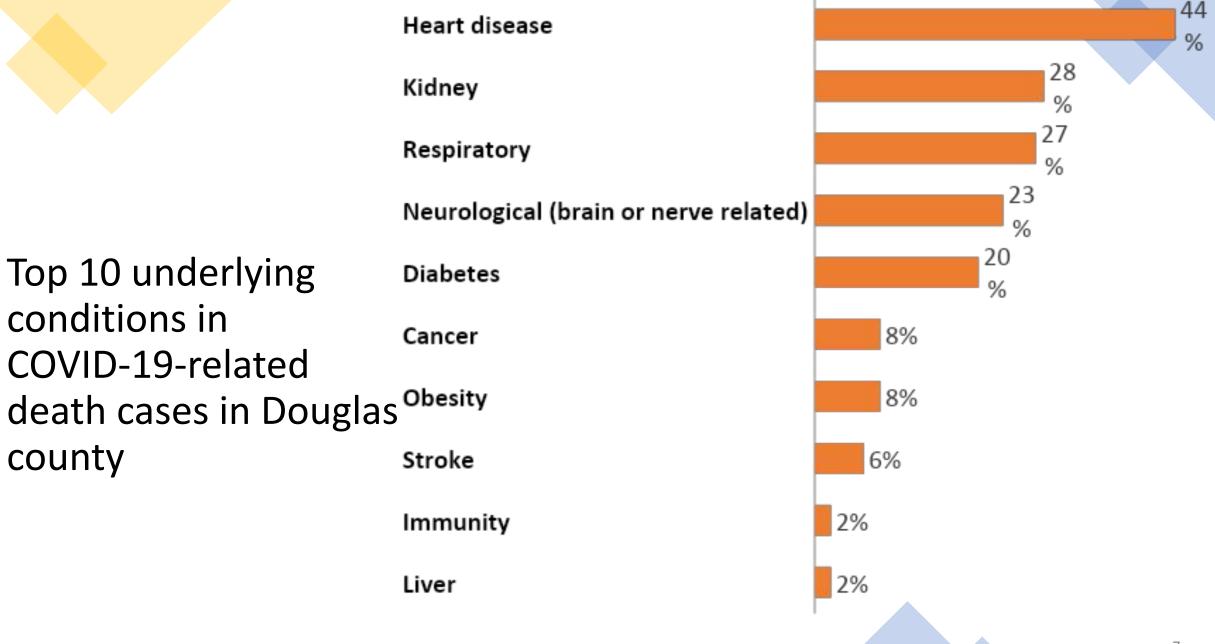
### White (68% of County population)

Douglas
County
COVID-19
Disparities
(as of April
29, 2022)

- Proportion of cases: 11%
- Proportion of deaths: 12%
- Vaccination rate (full vaccinated dose)\*: 45%

- Proportion of cases: 63%
- Proportion of deaths: 76%
- Vaccination rate (fully vaccinated)\*: 60%

<sup>\*5</sup> years and older



#### **Project Purpose**

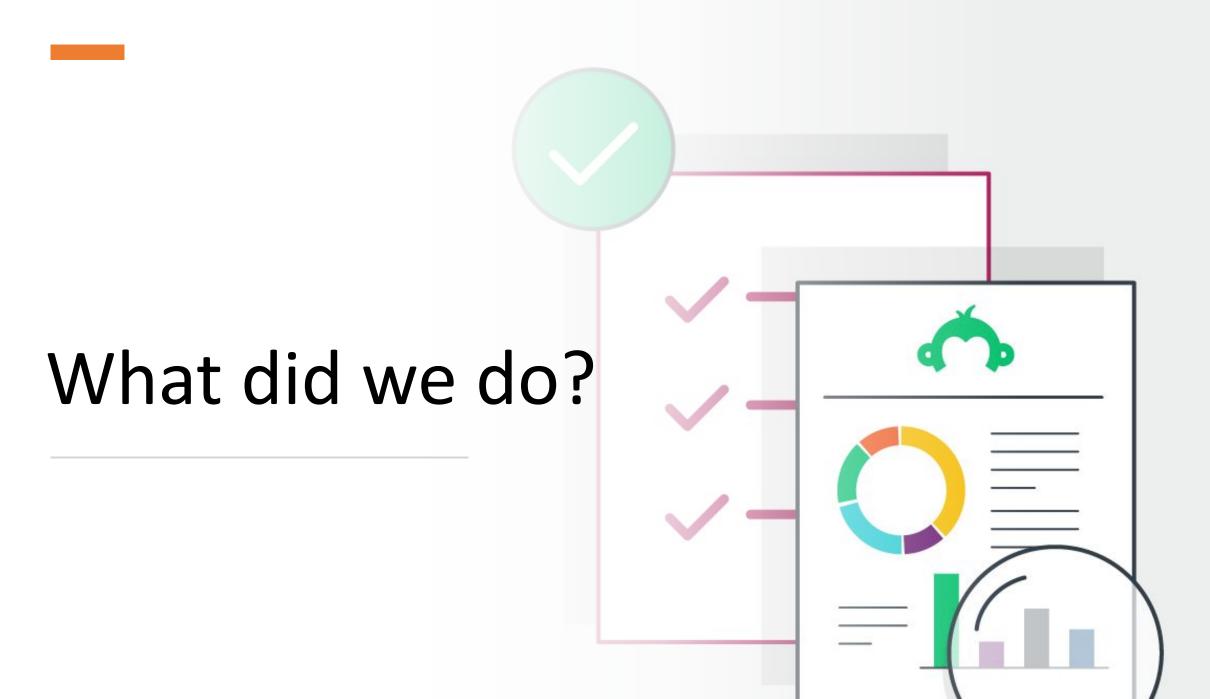
To collect COVID-19 data on knowledge, beliefs, and impact.

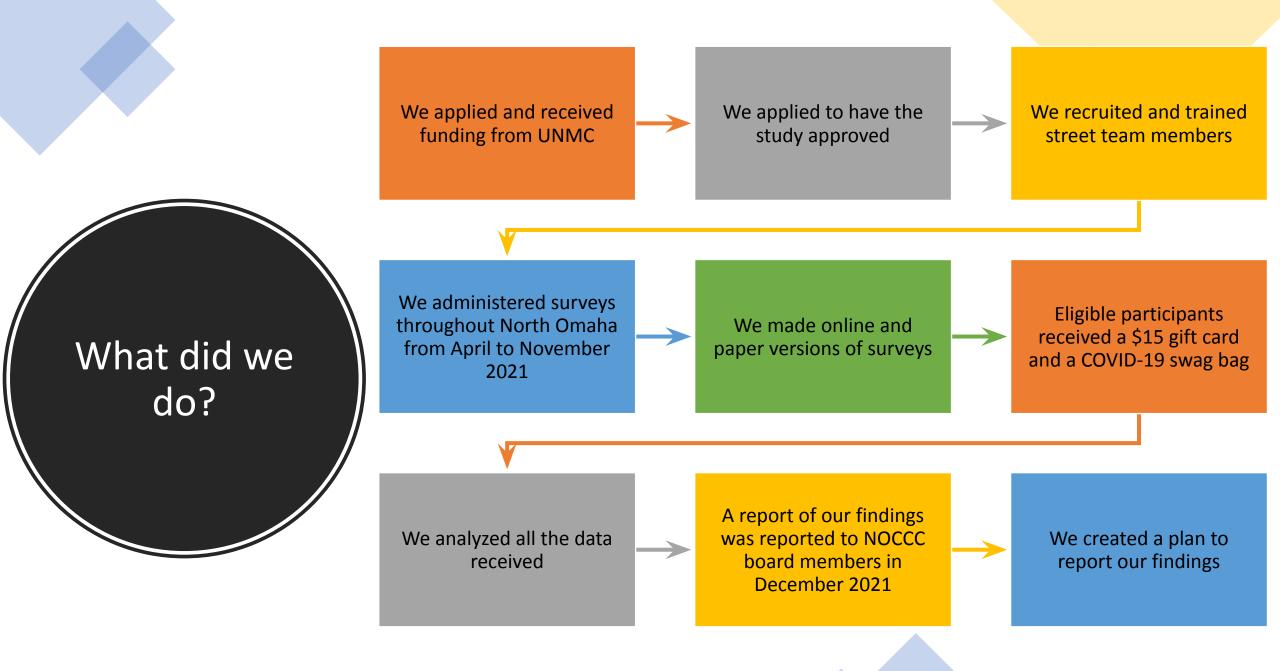
To distribute COVID-19 protective supplies and information for social support.

To identify COVID-19-related needs and concerns of North Omaha residents.

To disseminate research findings to the community.







What did we ask participants?



A total of 111 questions (16 additional questions for unvaccinated participants)

Demographics

Community needs assessment

Mental health (depression & anxiety) assessment

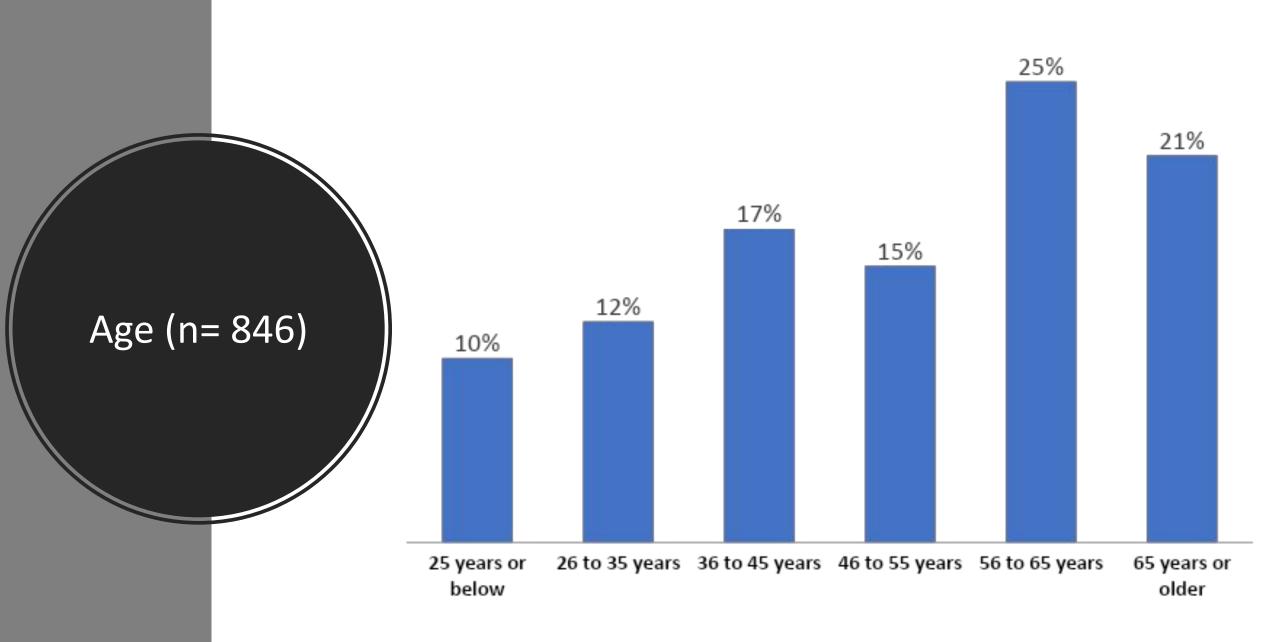
Perception of COVID-19

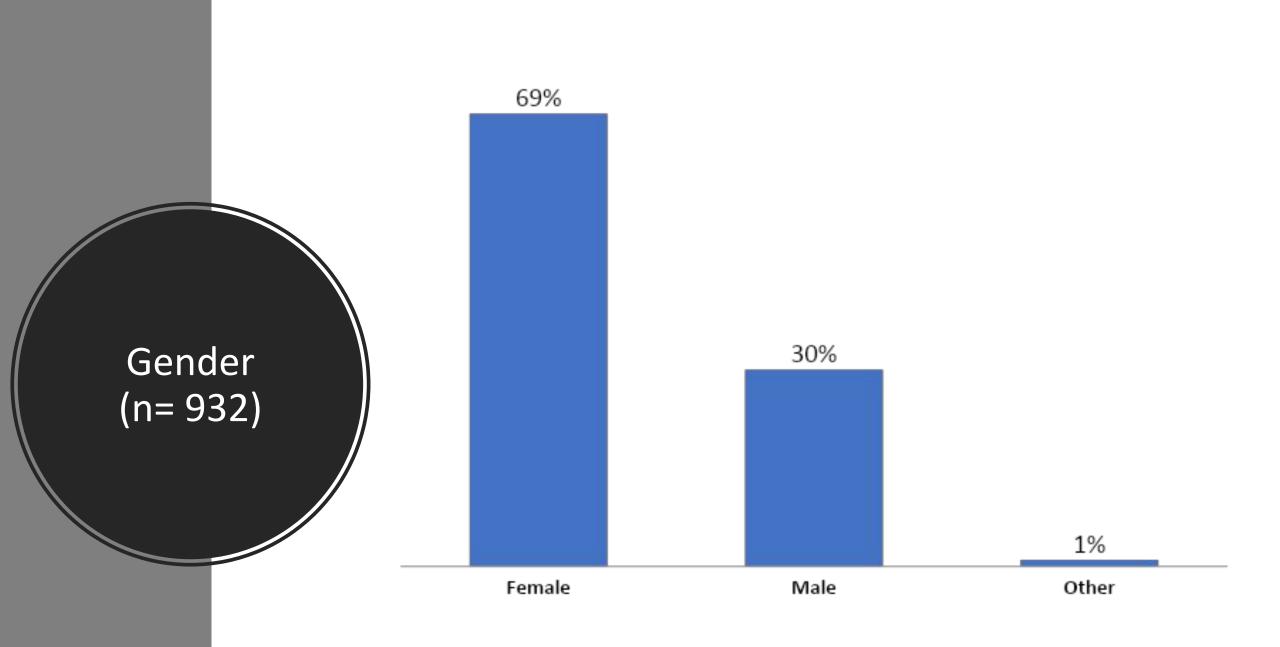
Risk assessment of COVID-19 and vaccination status

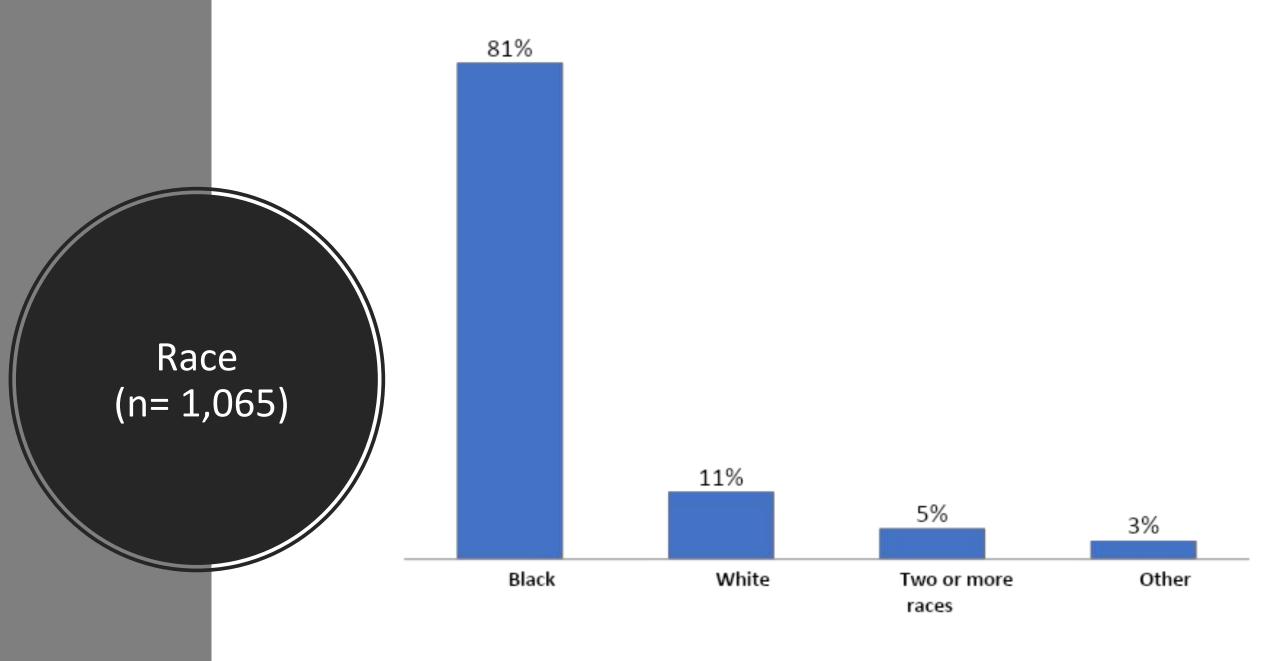
Underlying health conditions

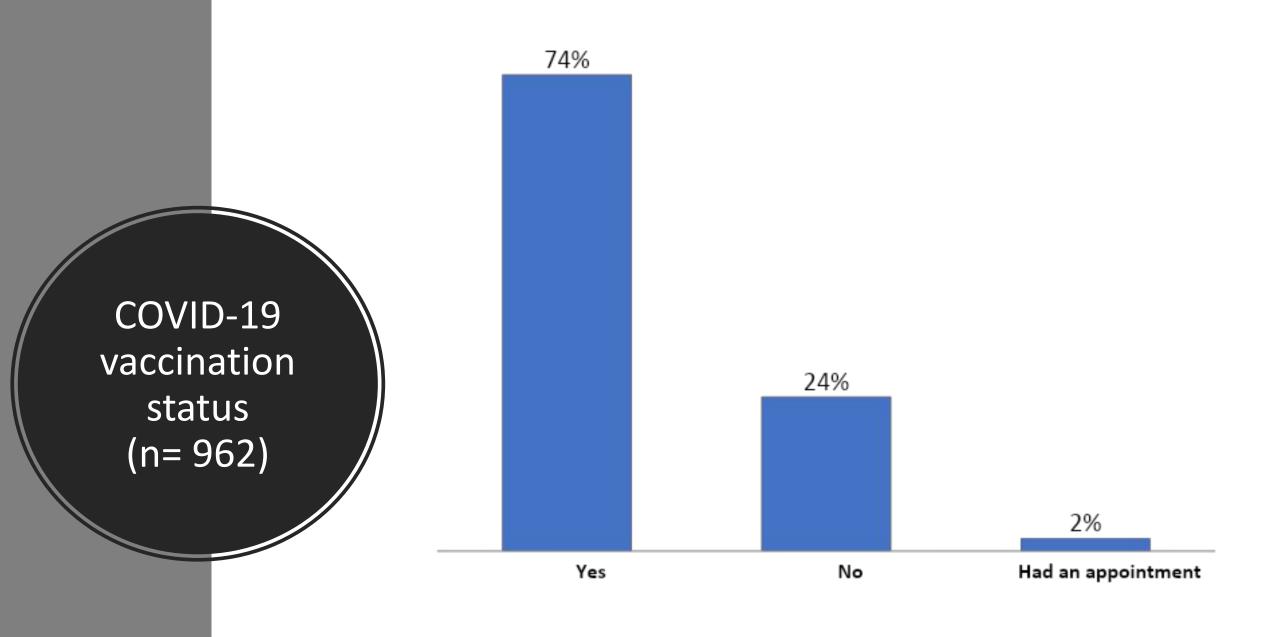
# What did we find?

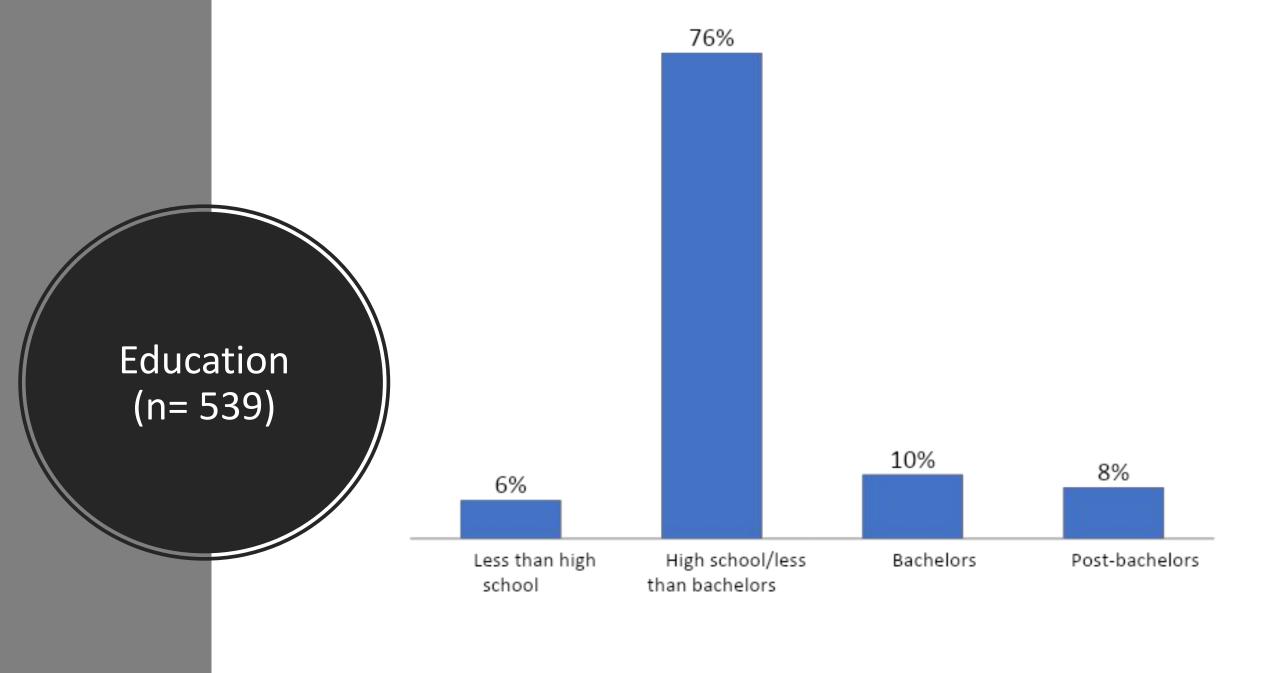




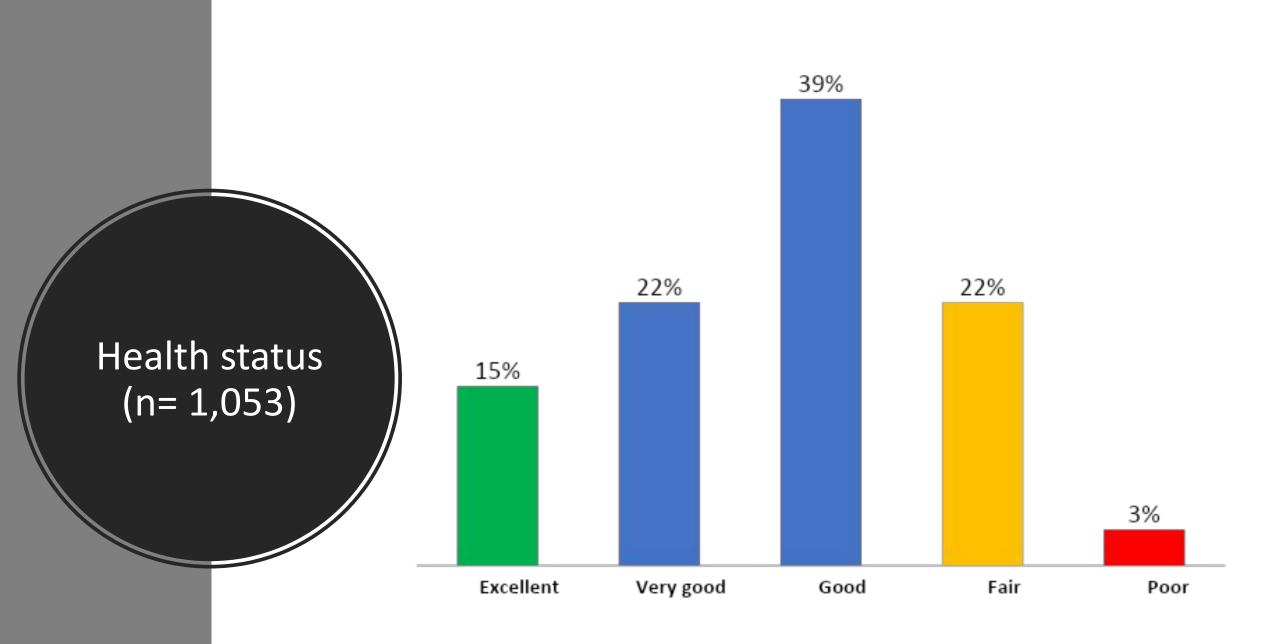


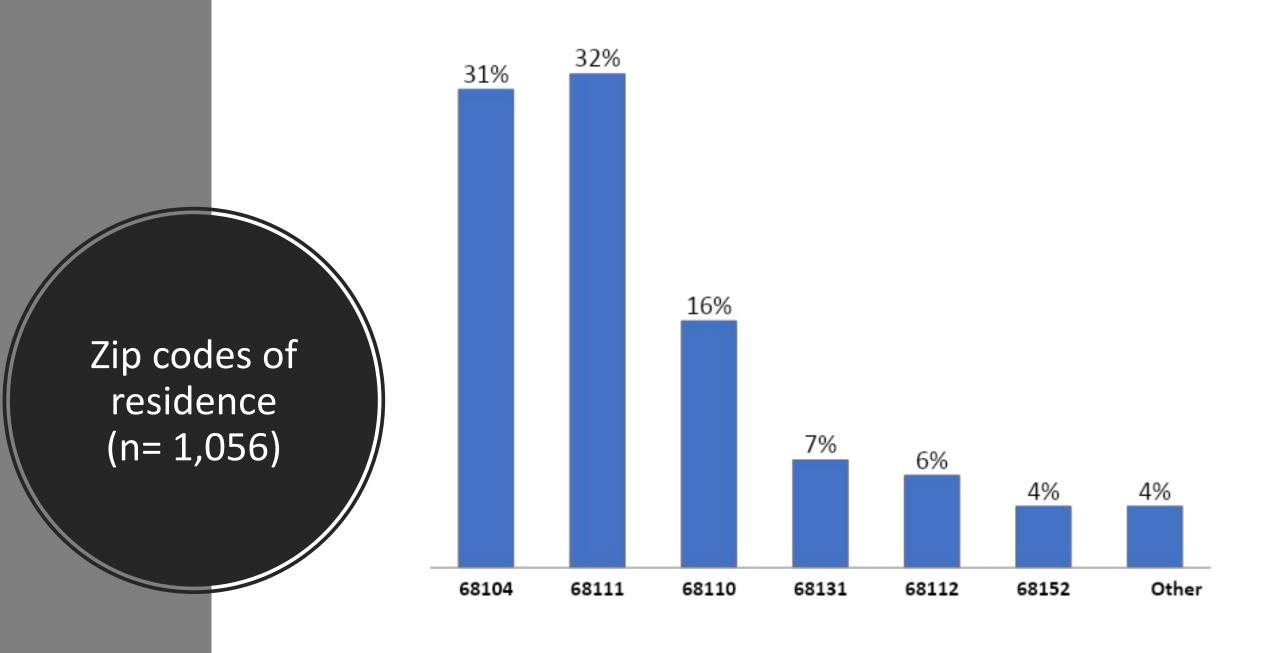


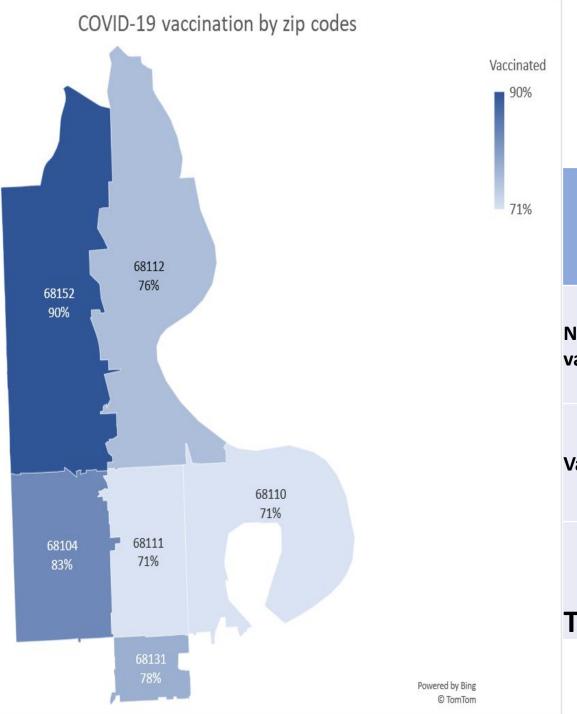








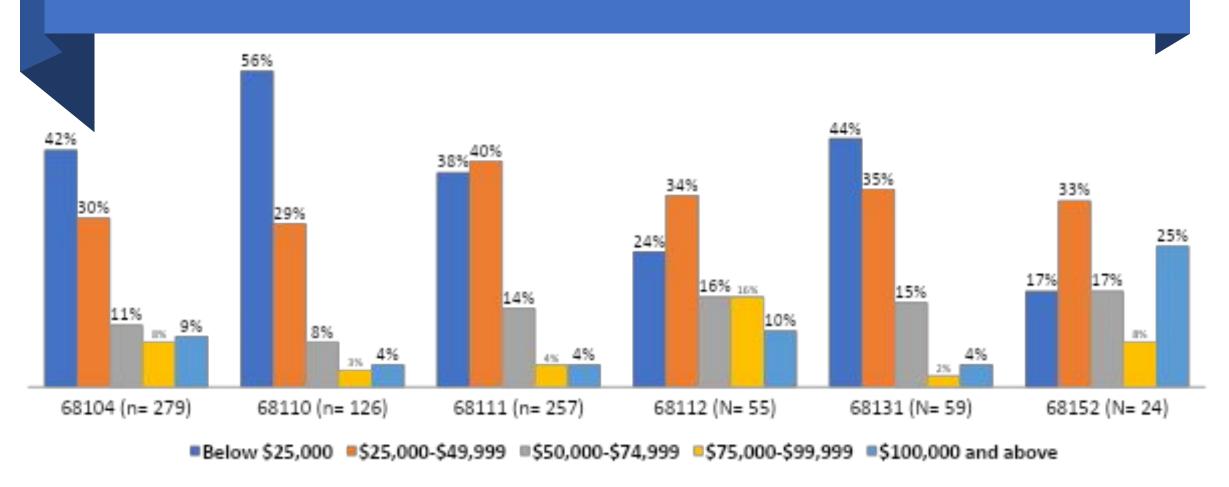




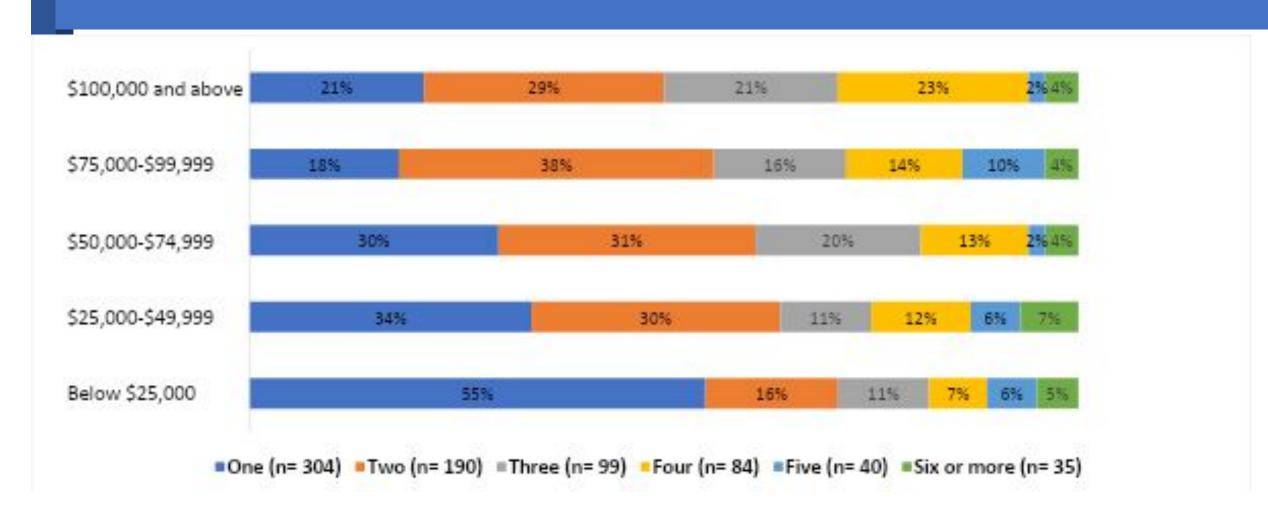
## COVID-19 vaccination Status by zip codes

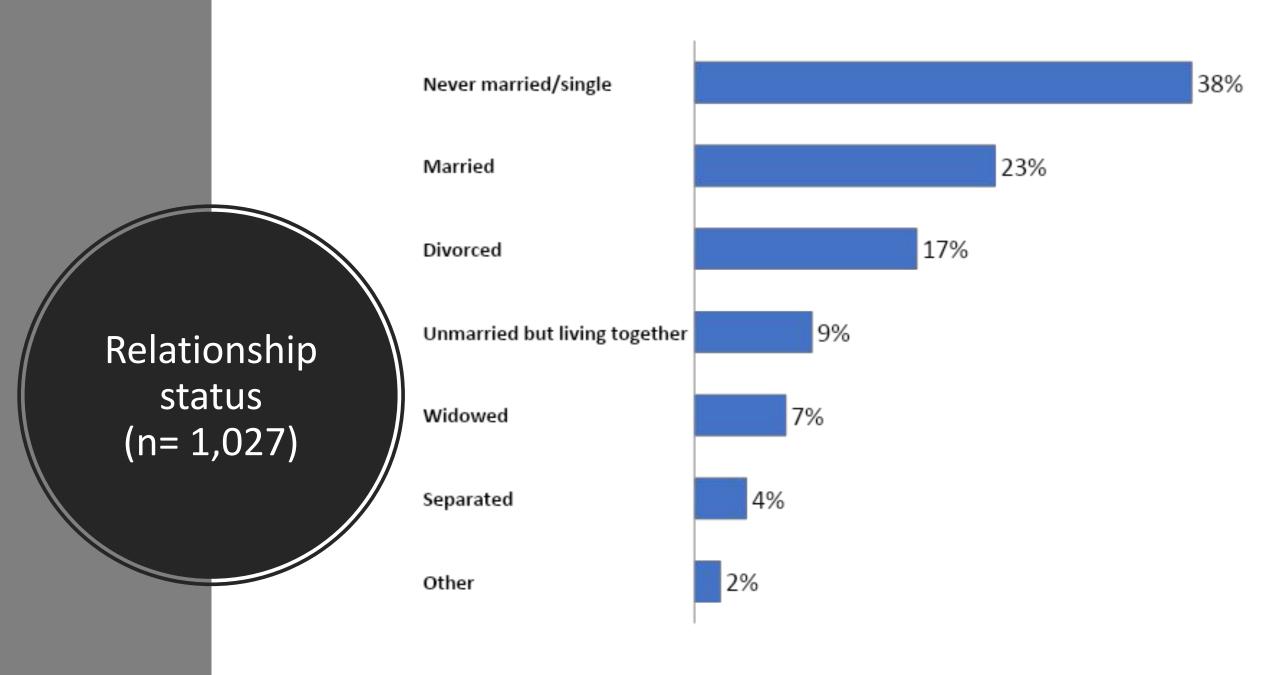
			68111 n(%)			
Not vaccinated	50 (17%)	43 (29%)	81 (29%)	14 (24%)	13 (22%)	3 (10%)
Vaccinated	239 (83%)	105 (71%)	203 (71%)	41 (76%)	50 (78%)	26 (90%)
Total	289	148	284	55	63	29

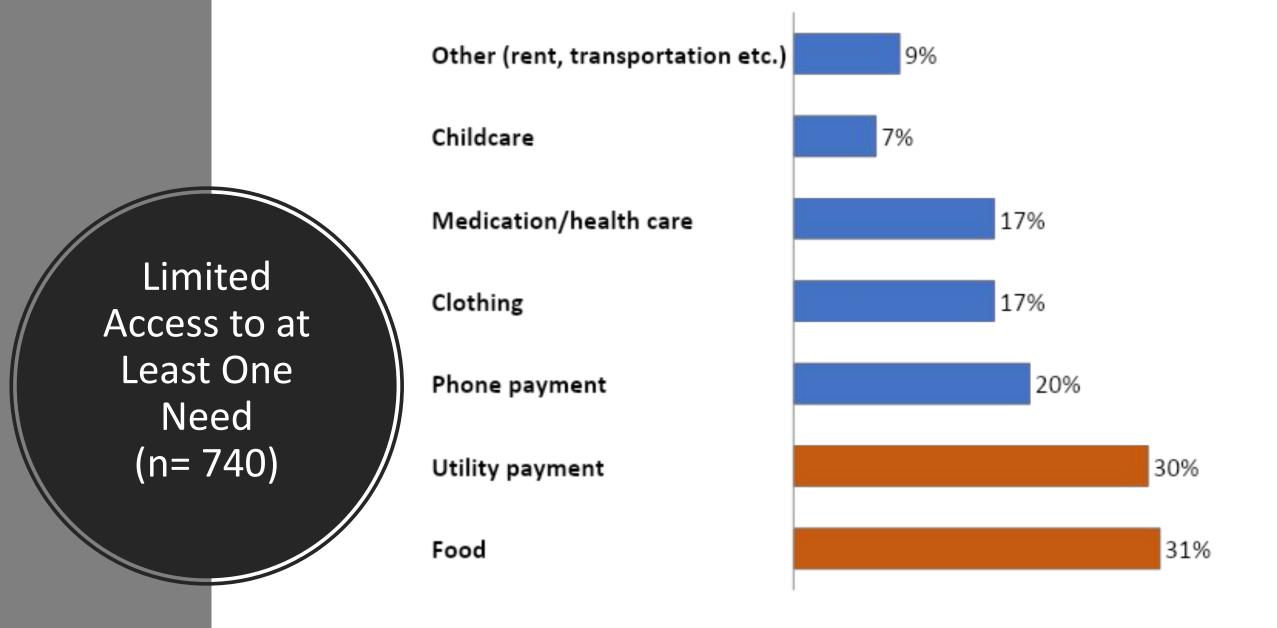
#### Household income by zip codes (n=800)

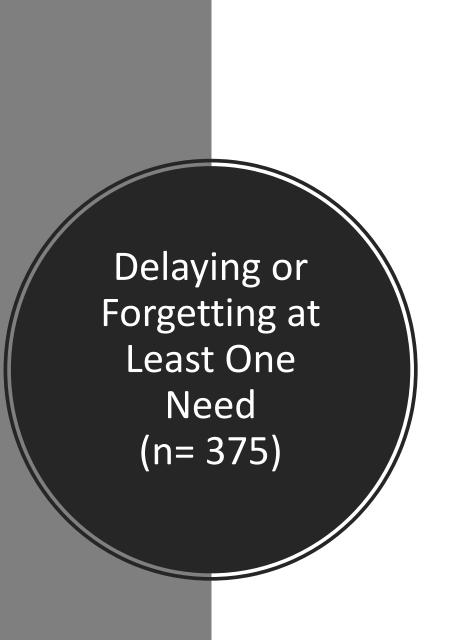


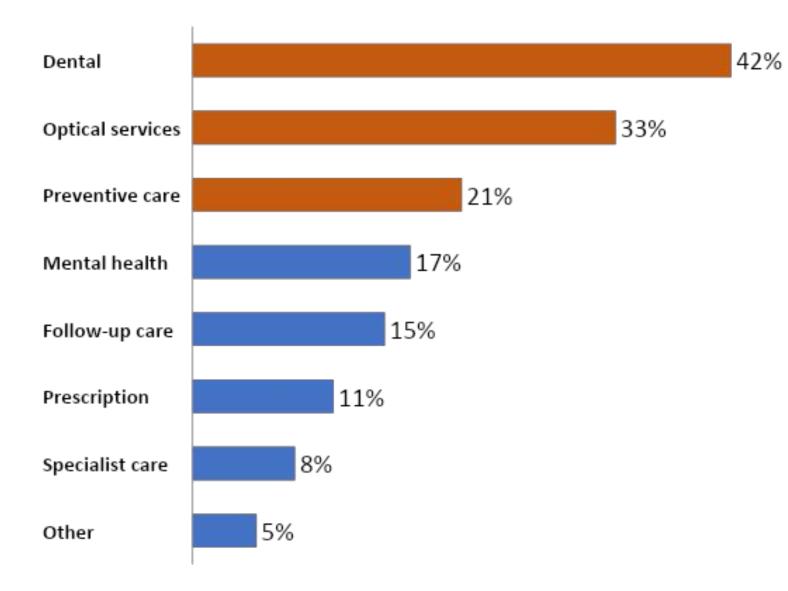
#### Income by household size (n=756)

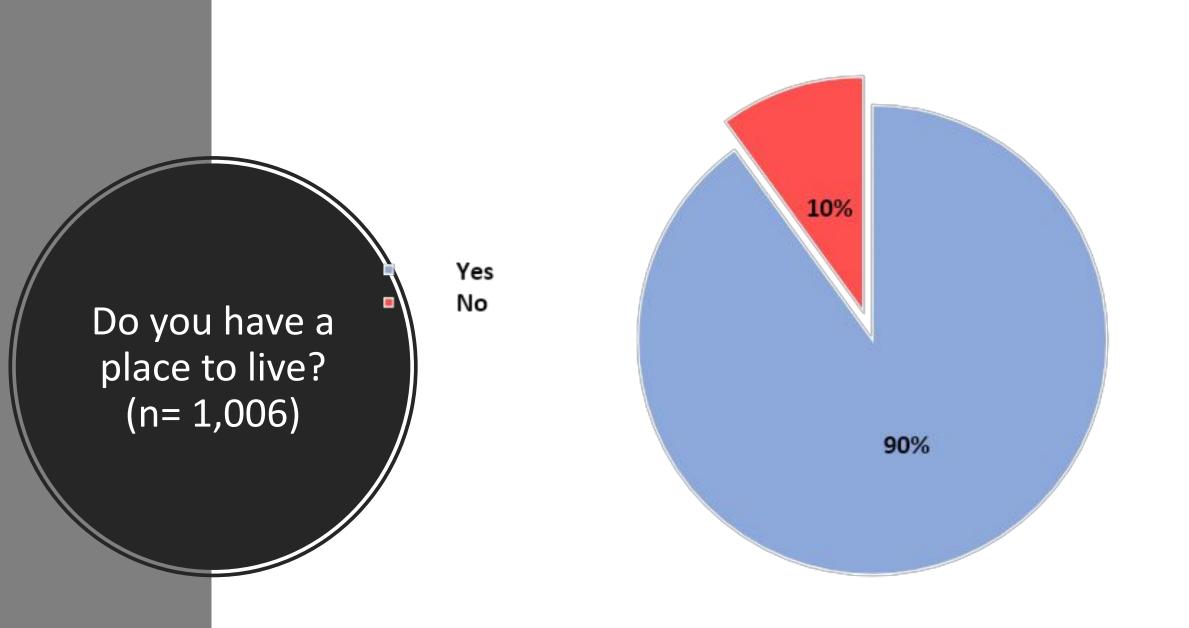




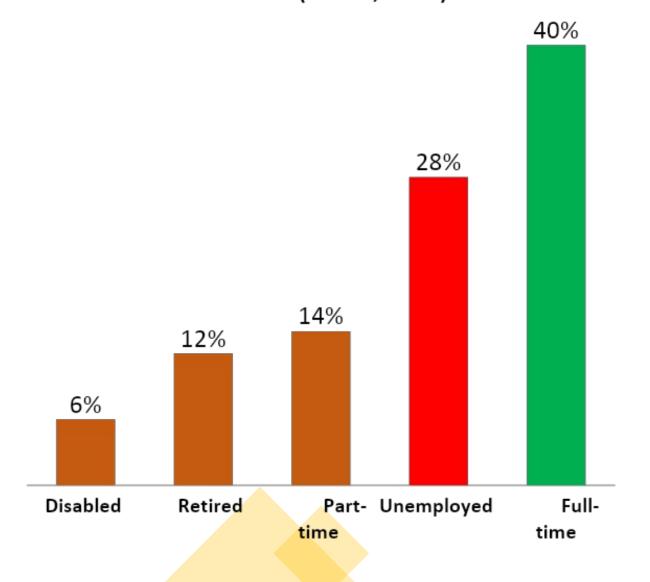




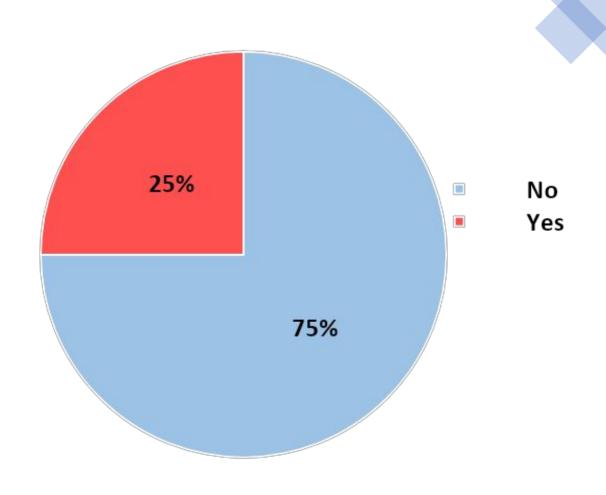




Self-reported employment status (n= 1,030)

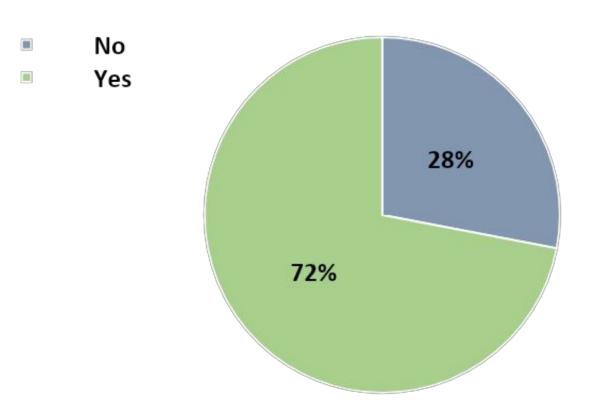


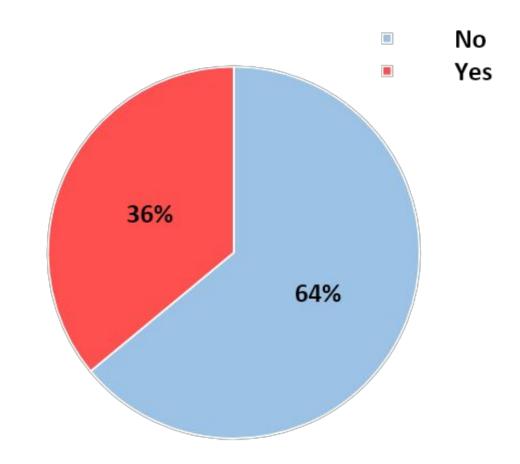
Reported loss of employment due to the pandemic (n= 309)



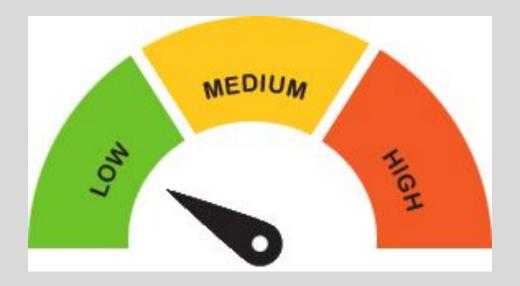
Ever had a COVID-19 test? (n= 1,066)

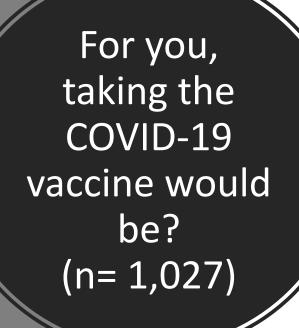
Whether a household member had a positive COVID-19 test (n= 1,062)

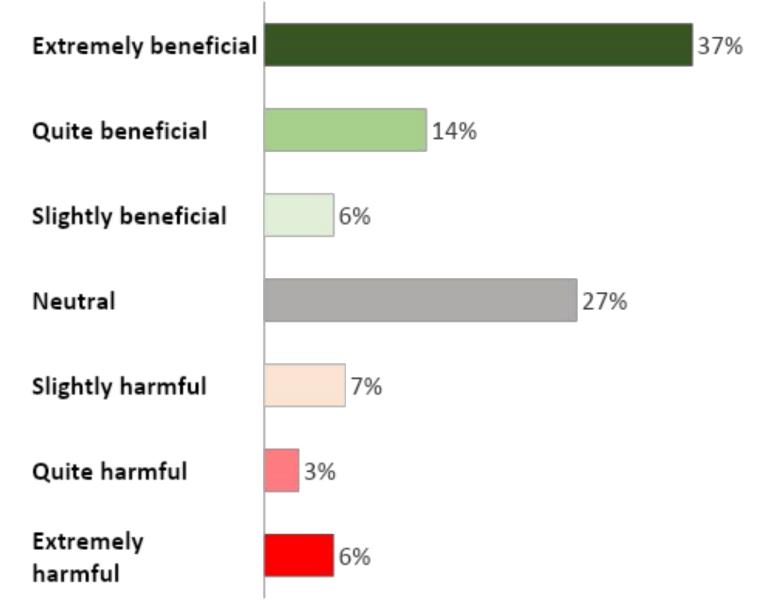




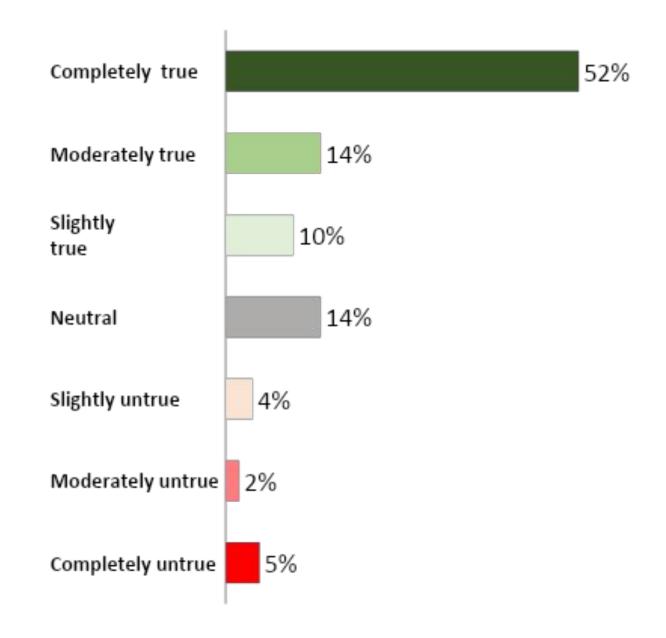
# Perceptions about COVID-19



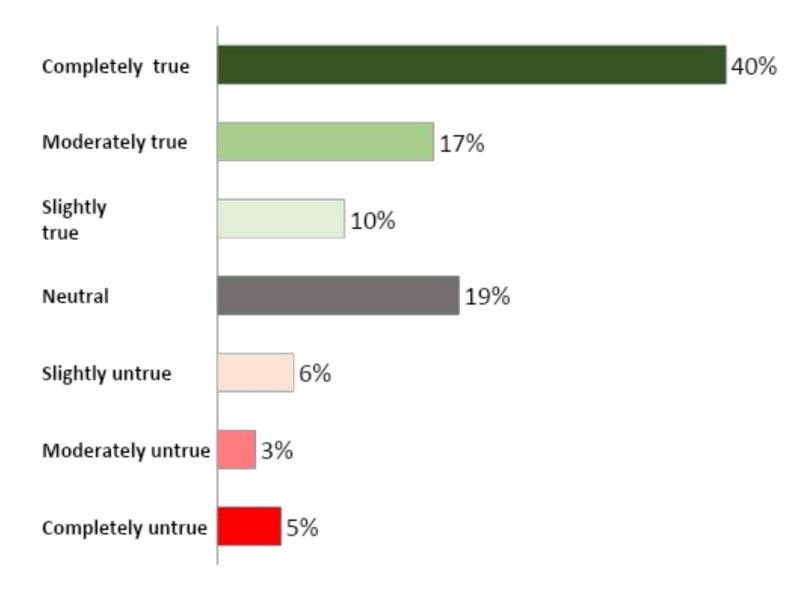




Your family would approve of you getting the COVID-19 vaccine (n=1,101)

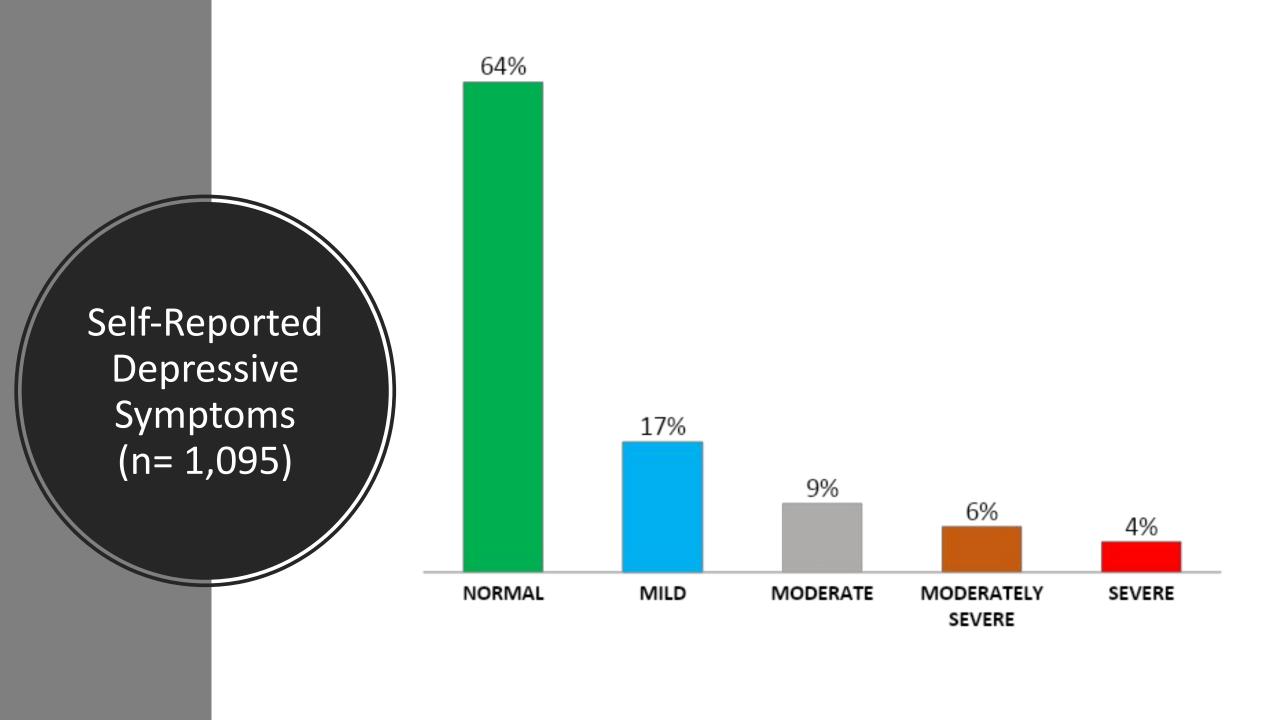


Your friends
would
approve of
you getting
the COVID-19
vaccine
(n= 1,116)

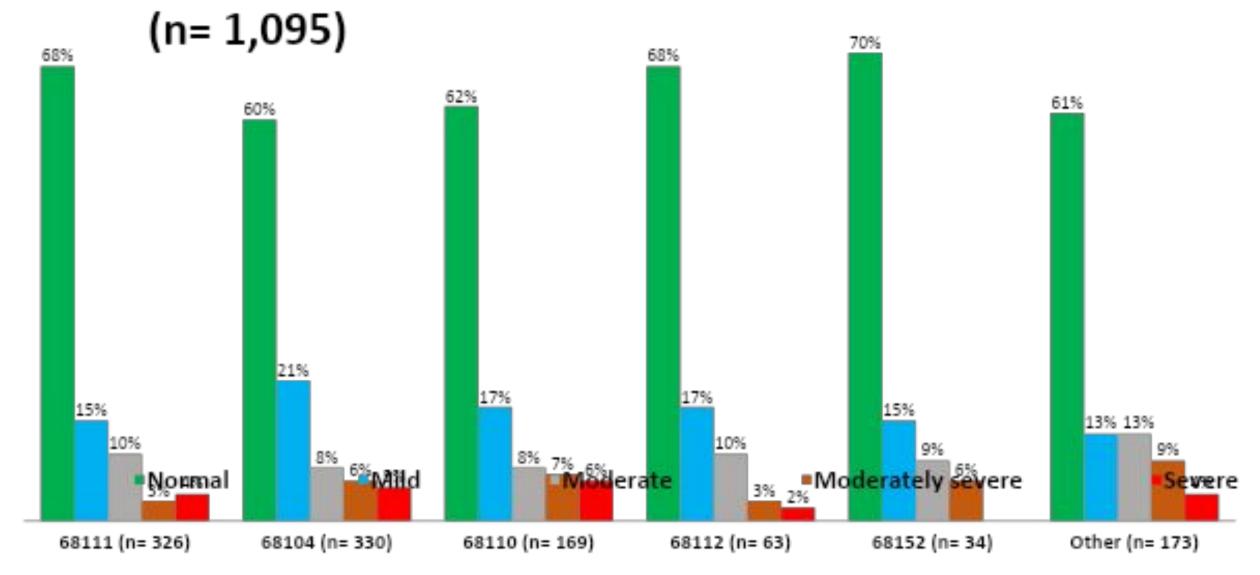


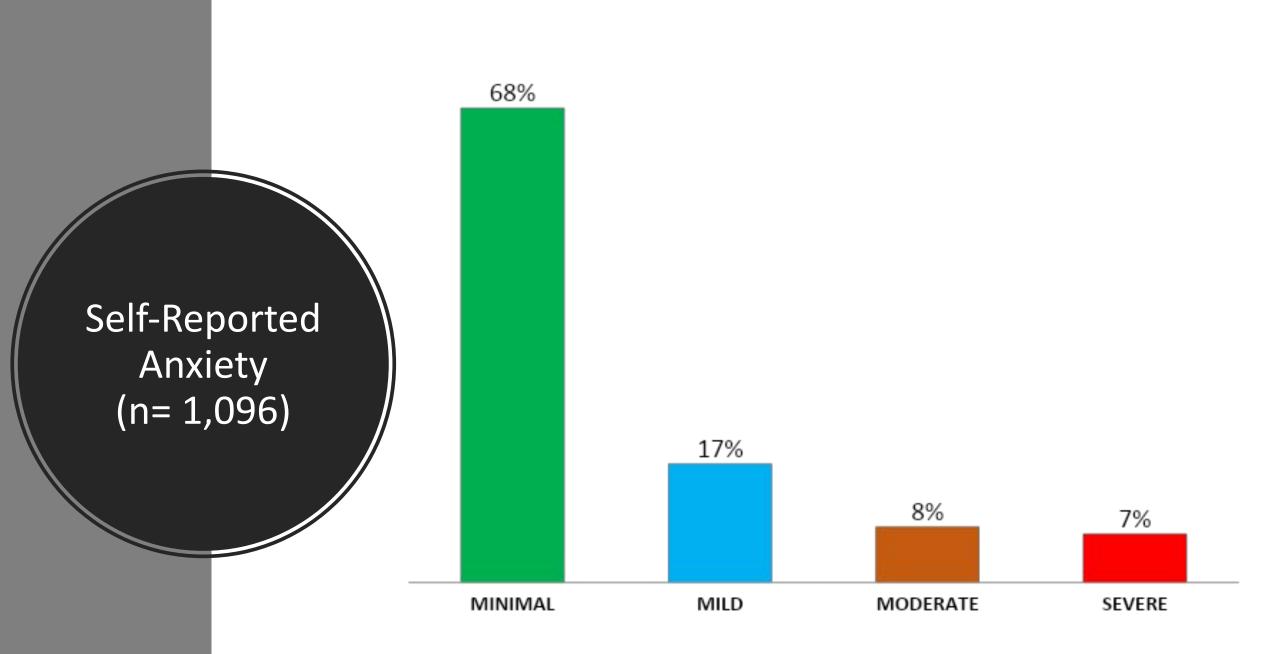


Mental health

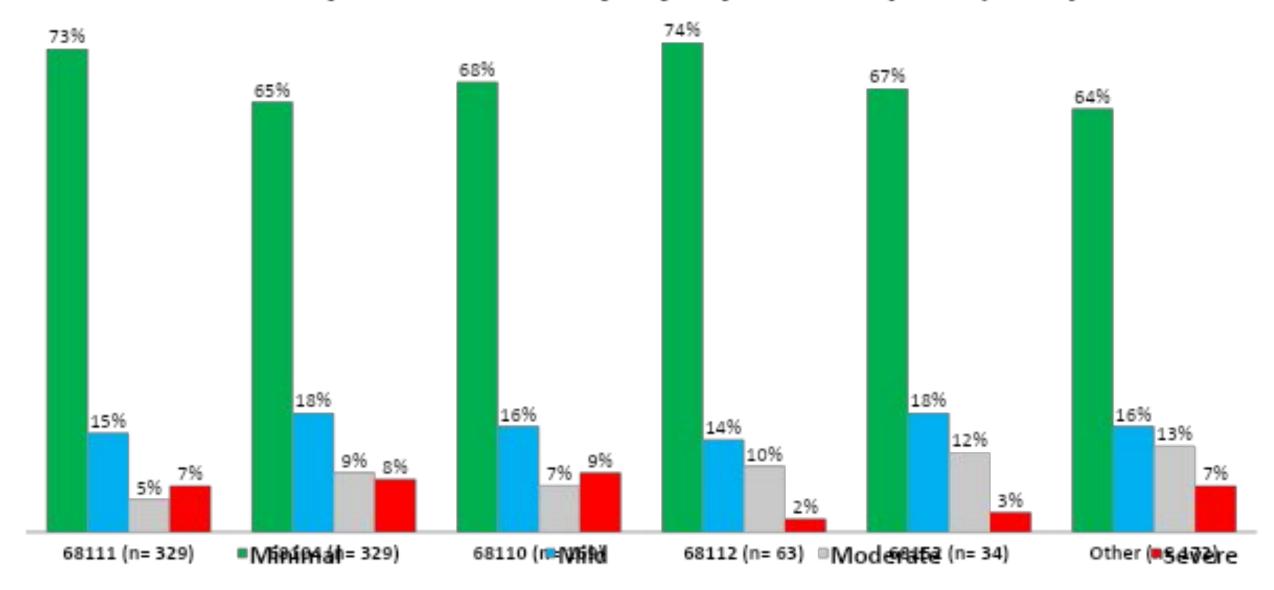


Self-Reported Depressive Symptoms by Zip Code



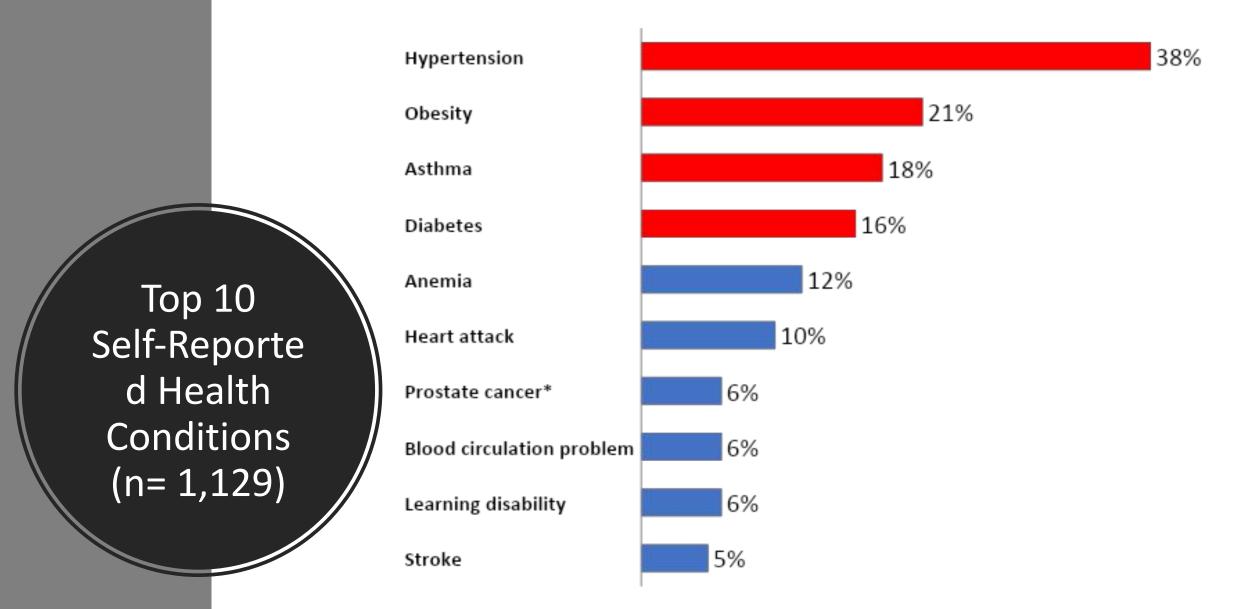


### Self-reported anxiety by zip codes (n= 1,096)

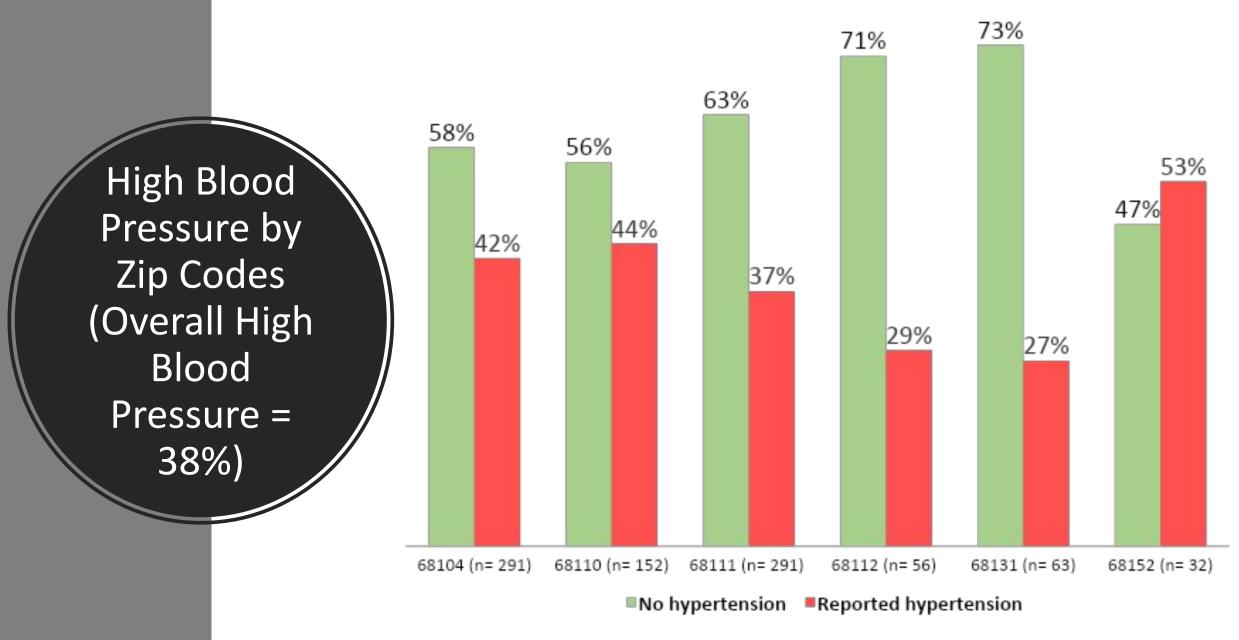


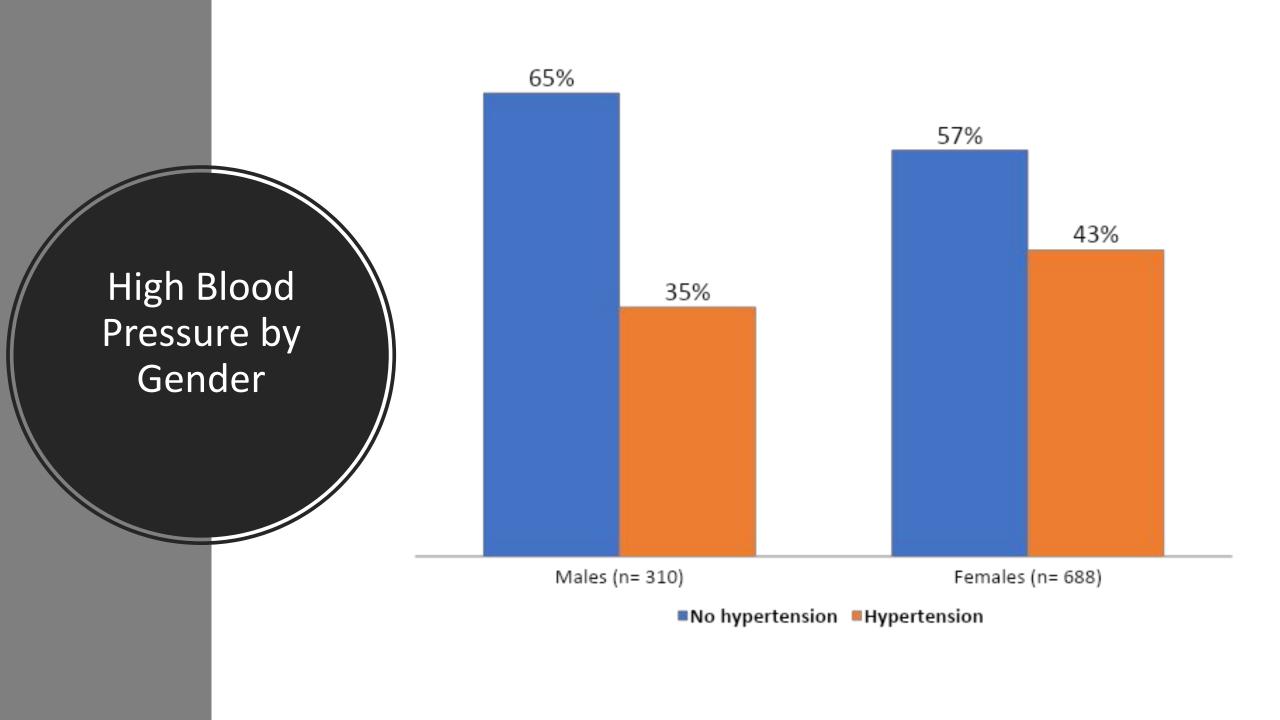


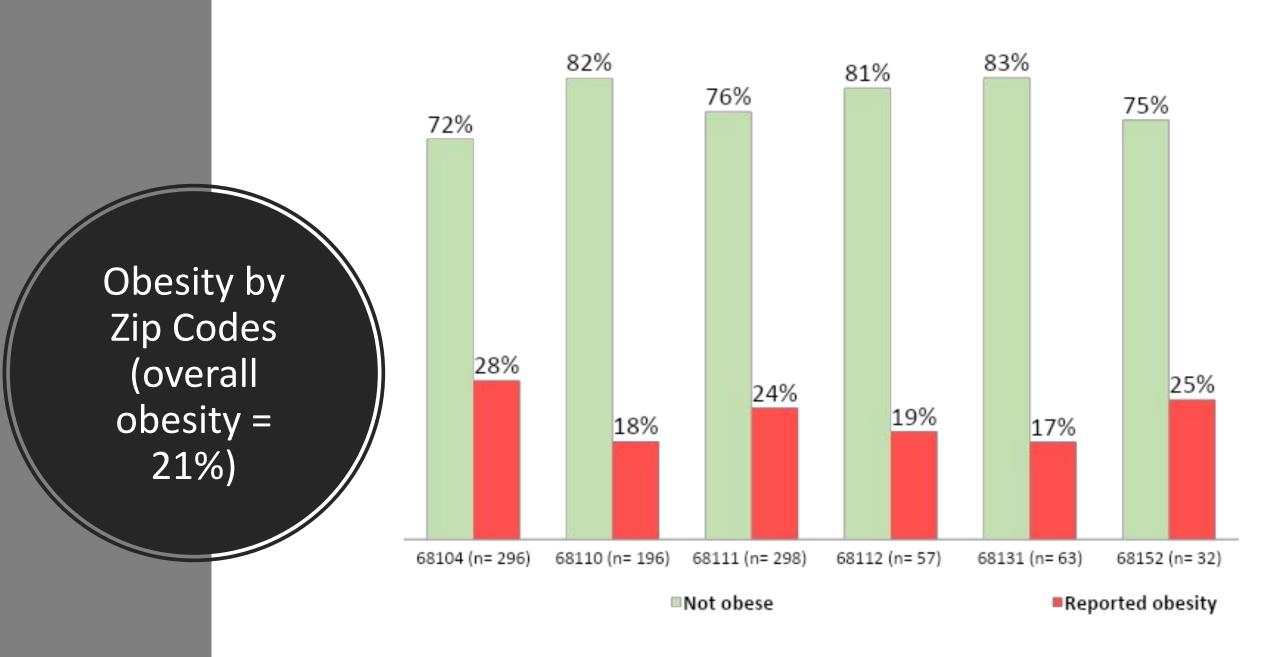
# Self-Reported Health Conditions

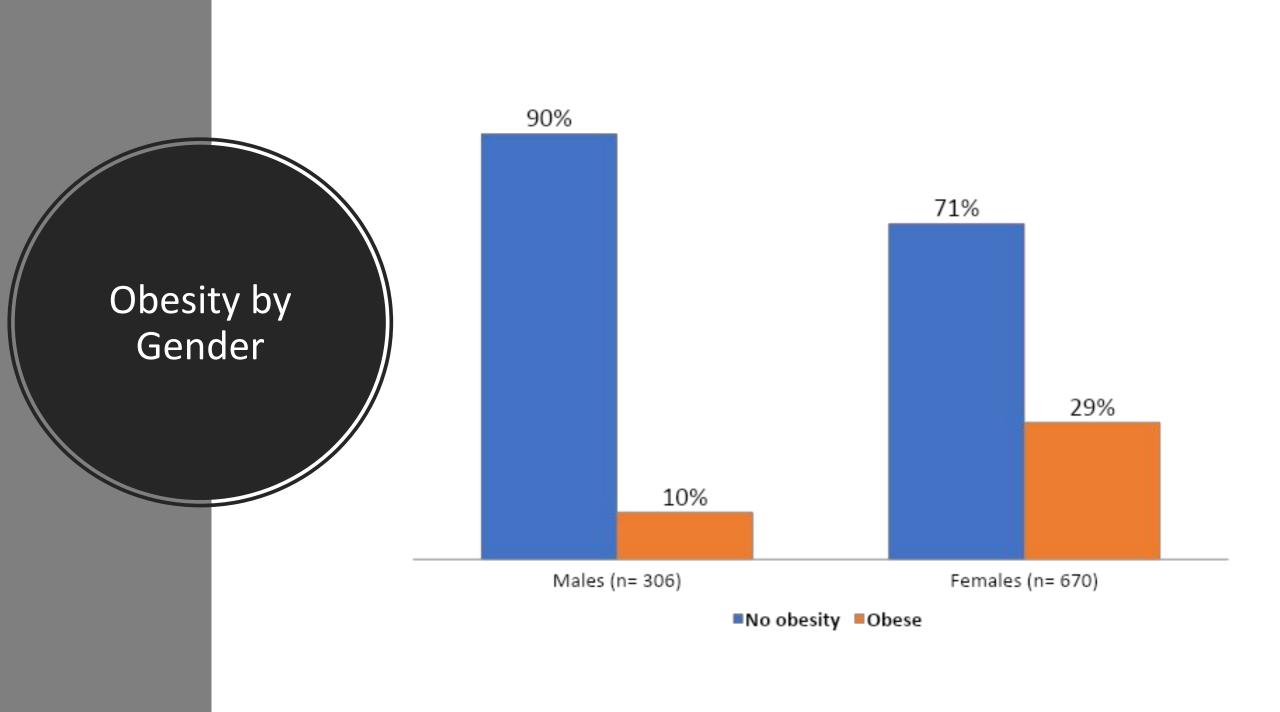


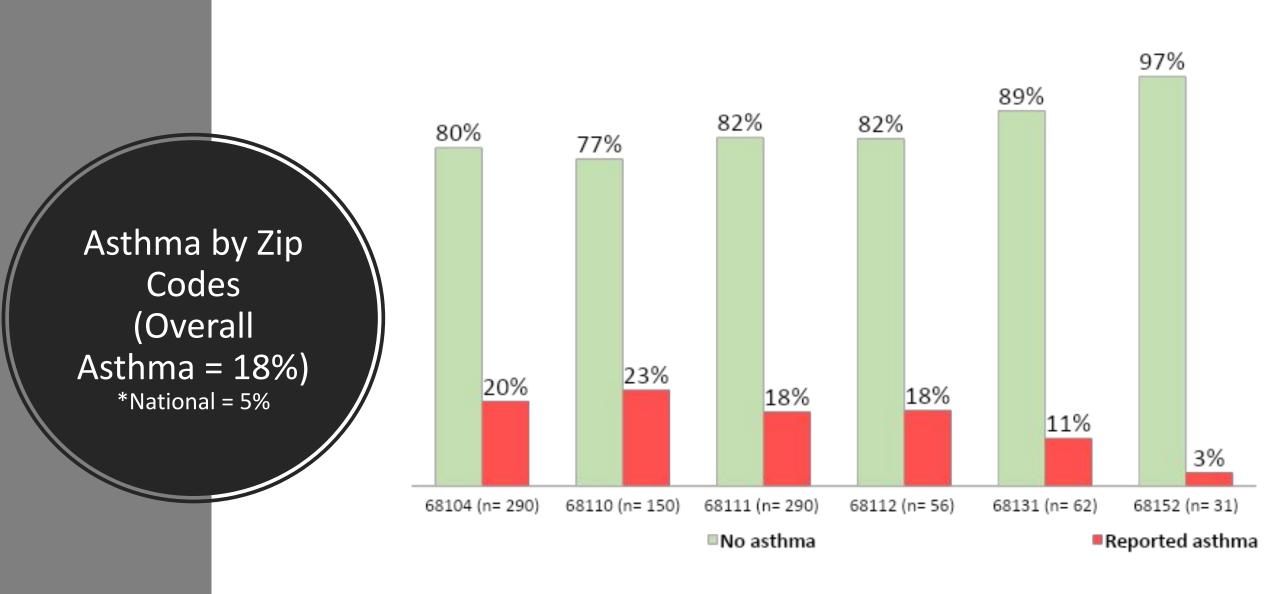
<sup>\*</sup>Percentage of male participants (n= 324)
Breast cancer was 3% among 727 female participants.

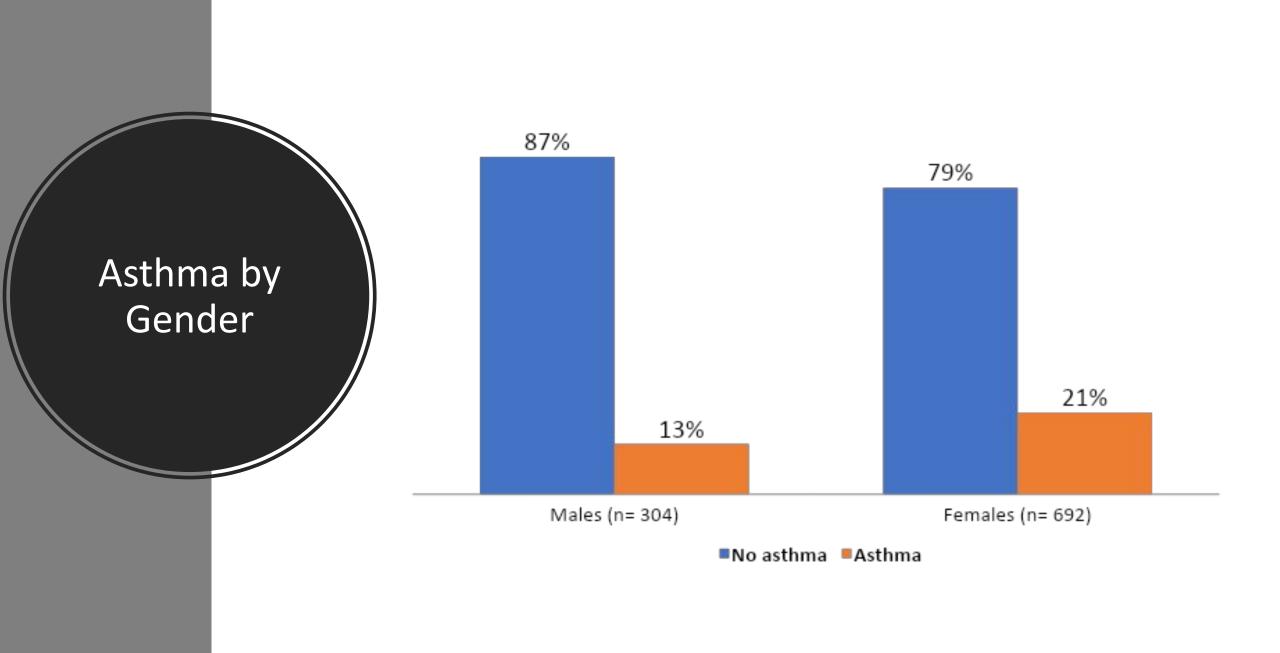


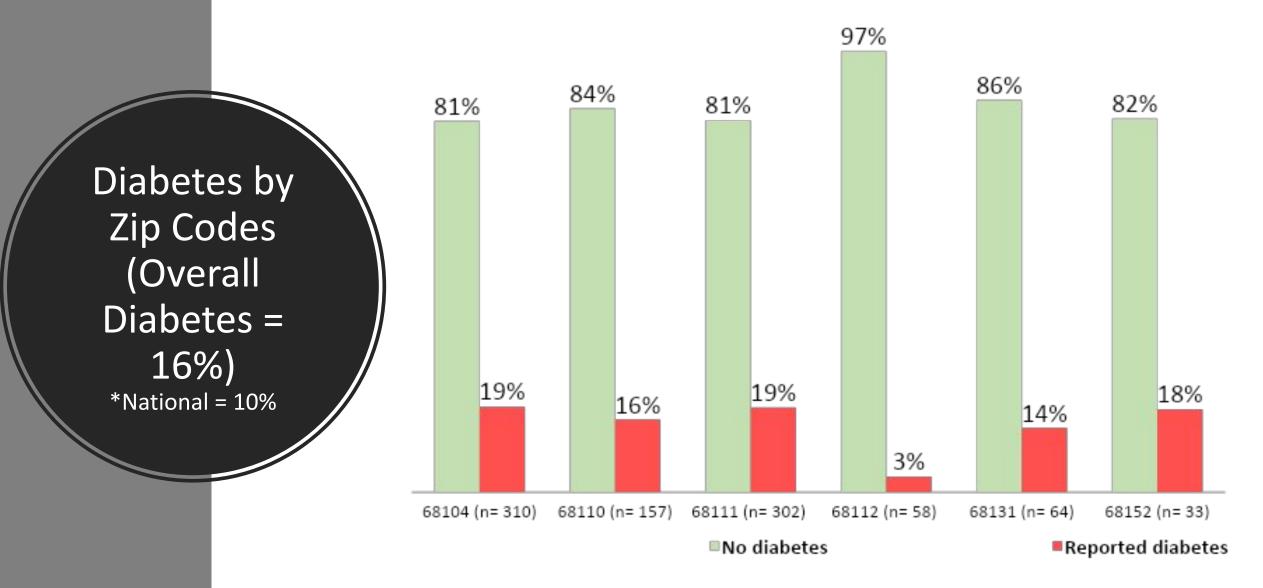


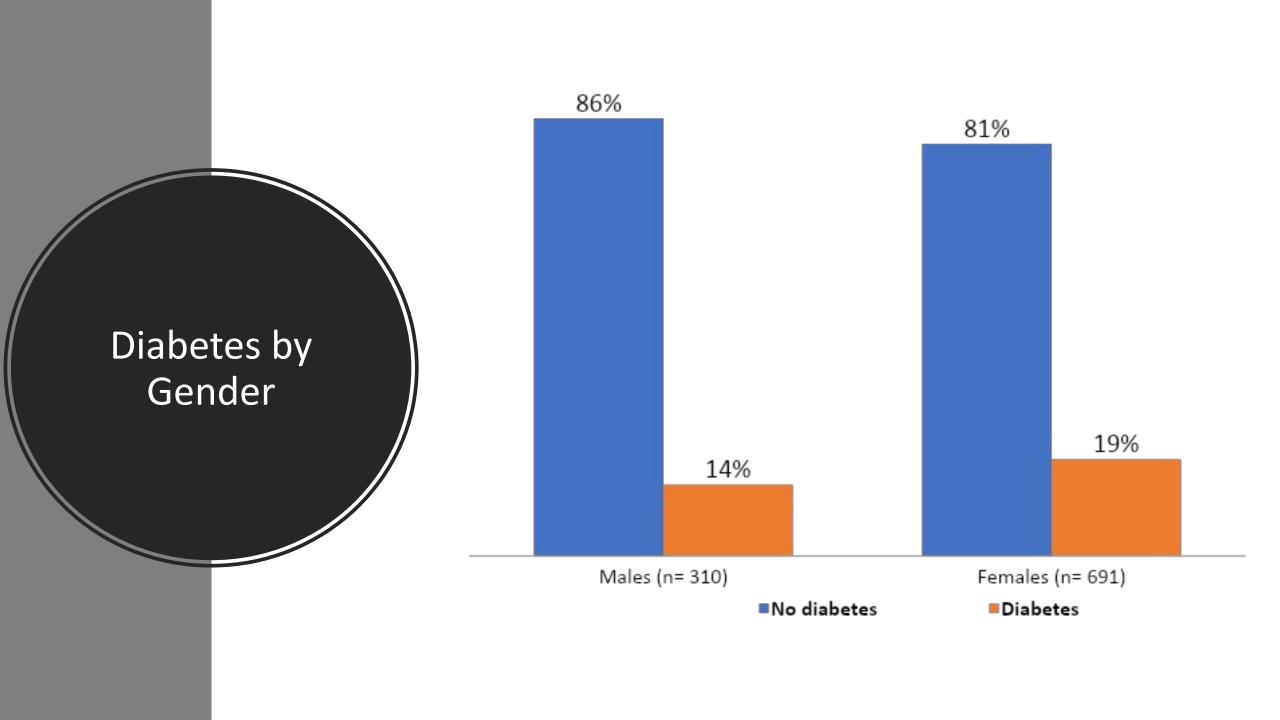




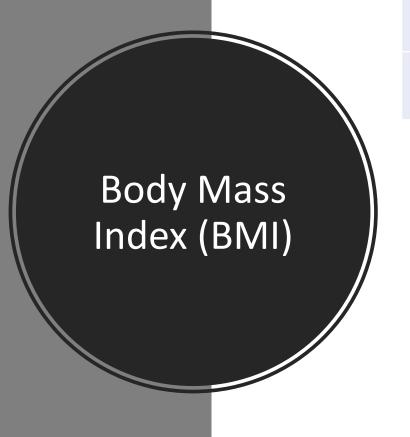








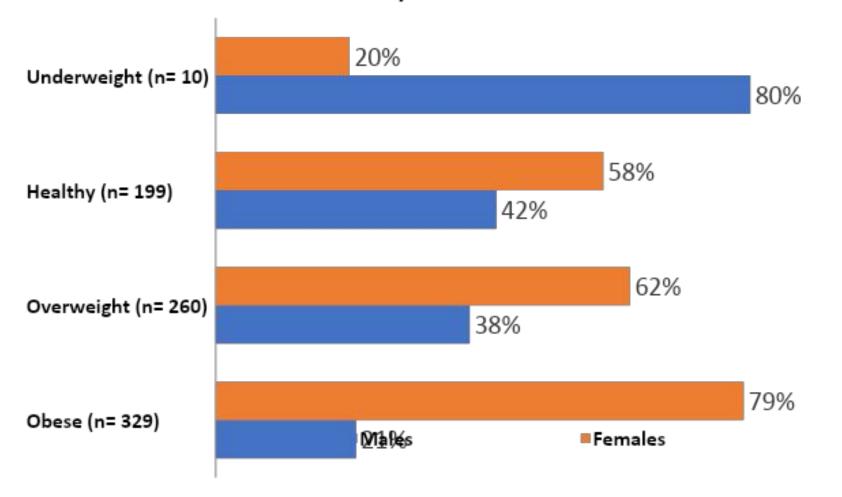




# Overall BMI (n= 843)MinimumAverageMaximum16.229.862.4

BMI	Categories	
Below 18.5	Underweight	
18.5- 24.9	Healthy weight	
25.0 to 29.9	Overweight	
30.0 to 34.9	Obesity class 1	
35.0 39.9	Obesity class 2	
40.0 or higher	Obesity class 3	

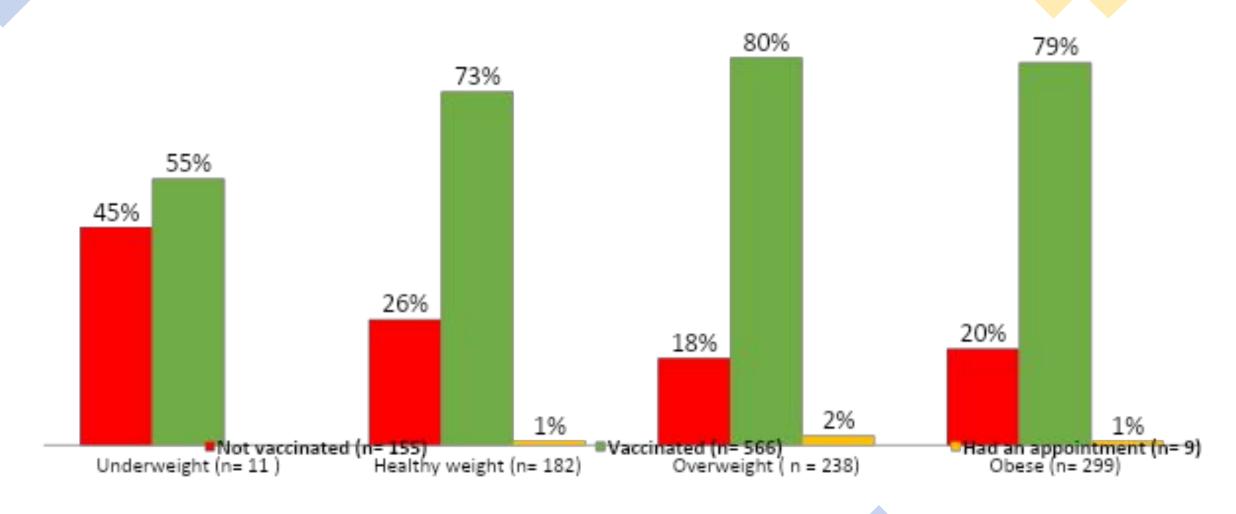
#### BMI by Gender

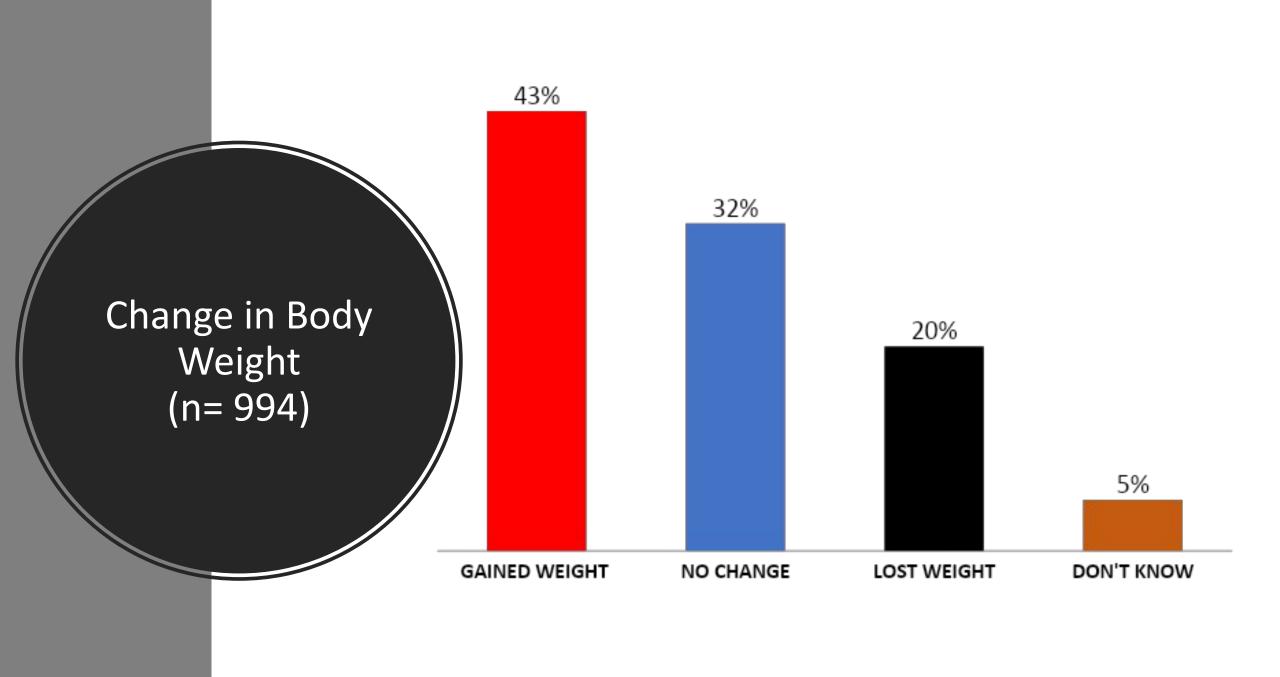


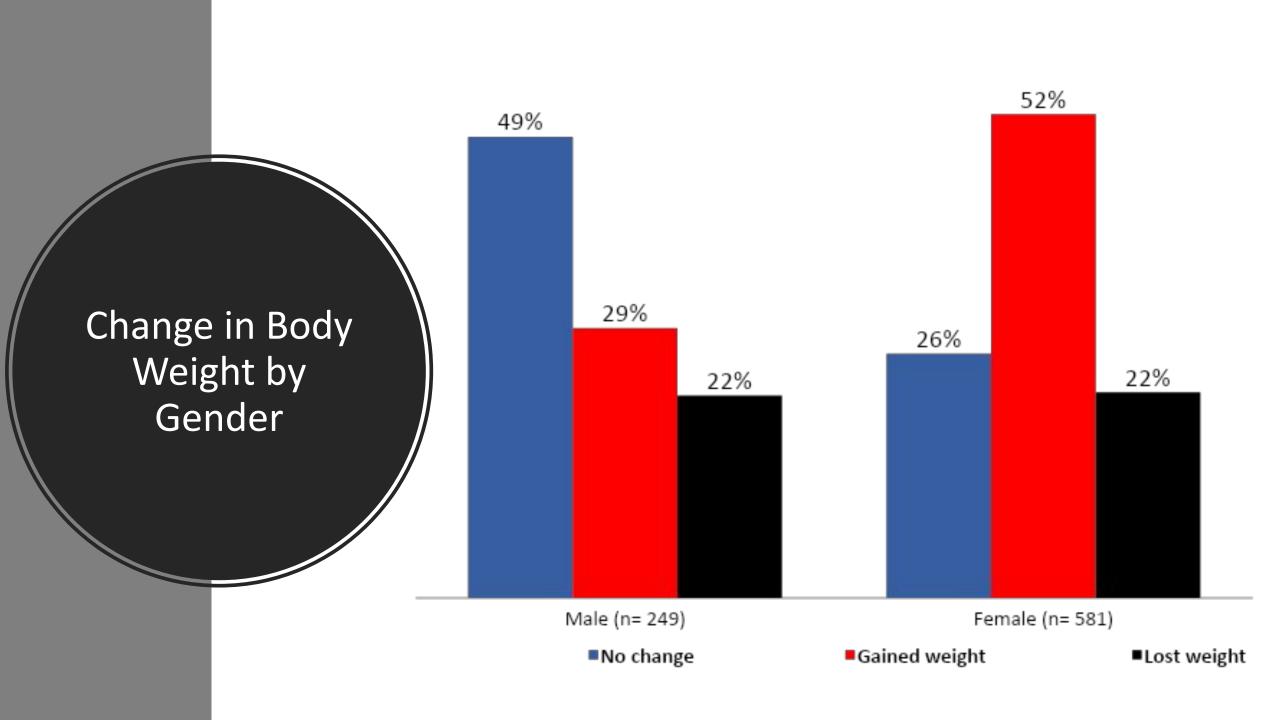
Men BMI (n= 262)			
Minimum	Average	Maximum	
16.2	27.9	62.4	

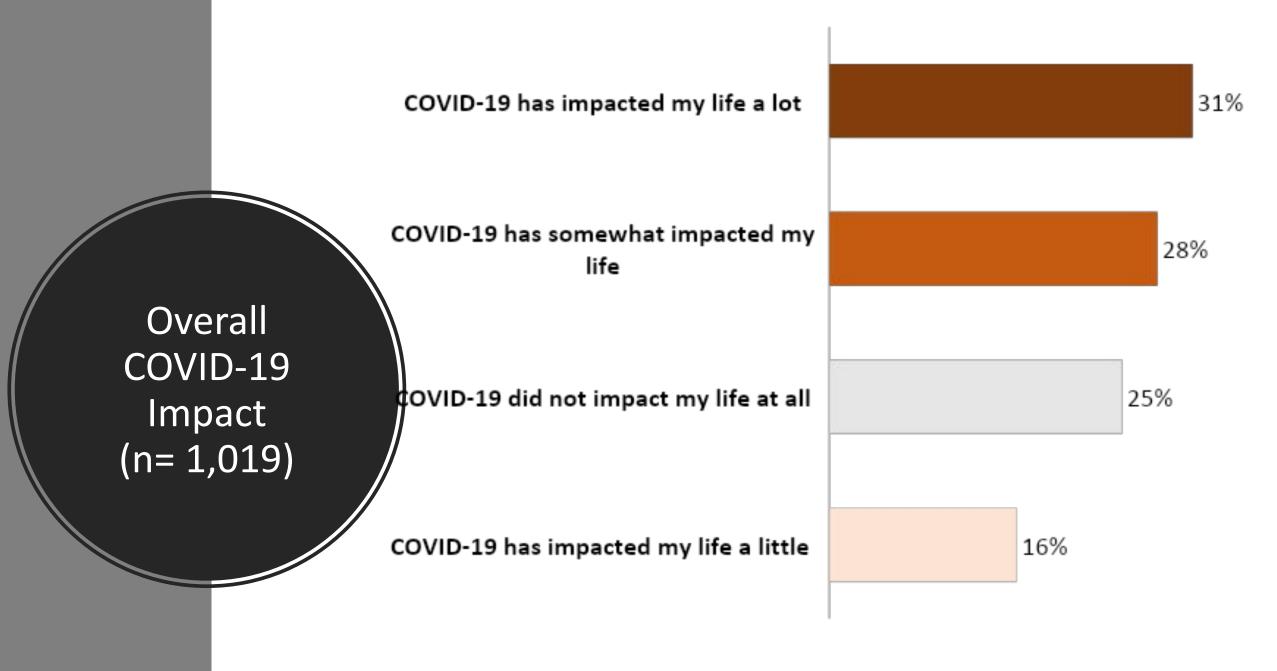
Women BMI (n= 538)			
Minimum	Average	Maximu m	
18.1	30.8	56.7	

# BMI by Vaccination Status (n = 730)









#### **Summary**

Total of 1,129 surveys

90% normal to moderate depression:

<u>Severe depression</u>

<u>was highest in 68110</u>

(13%)

85% mild to moderate anxiety:
Severe anxiety was highest in 68110 (9%)

76% reported good or a better health condition

75% reported being impacted by COVID-19

74% reported being vaccinated

74% reported a household income below \$50,000

70% were females

63% were residents of zip codes 68104 and 68110

61% were at least 46 years old

More than 50% were overweight

43% gained weight

Only 40% reported full-time employment

The most reported conditions were:

Hypertension(38%),
obesity (21%), asthma
(18%), diabetes(16%)

# Compared to males, females reported higher rates of:

Vaccination (75% vs 72%)

Hypertension (43% vs 35%)

Obesity (29% vs 10%)

Weight gain (52% vs 29%)

Asthma (21% vs 13%)

Diabetes (19% vs 14%)

